



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
2025-2026

School Name & Location Number:	Joe Hall Elementary
Principal:	Dr. Christina Barcinas
Phone Number:	305-223-9823
School Wellness/Healthy School Team Leader:	Edith Valdes
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Student: Allison Valdivia School Admin: Zusel Aguiar Health Professional: EMT (Mondays, Wednesday, Fridays) P.E. Teacher: William Fernandez Volunteer: Nadine Cou, PTA President
Committee Meeting Dates (list at least 4):	
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	-Nutrition -Physical Education -Physical Activity -Health and Nutrition Literacy -Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	Nutrition: Promotes free healthy breakfast and lunch and balanced eating habits. Physical Education: Fitness Assessment Physical Activity: Relay Races, Cardio Stations, Dance Health and Nutrition Literacy: Implementing a garden table program and bringing awareness to healthy choices Preventive Healthcare: WellWay Wellness Program

<p>Sustainability Practices:</p>	<ul style="list-style-type: none"> -Incorporating lessons in the school garden. -Using share table in the cafeteria to teach students not to waste food but to share it. -Promote Environmental Advocacy.
<p>Community Engagement:</p>	<ul style="list-style-type: none"> -Healthy snacks during faculty meetings. -Students take home harvest from the garden. -We partner with Education Fund – Food Forrest Department. -Increase business partners in the community.
<p>Monitoring and Evaluation:</p>	<ul style="list-style-type: none"> -Fitness Pre and Post Test Results -Post minimally three times on school social media the garden to table program. -Invite the WellWay Wellness Program to visit the school site.
<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	